

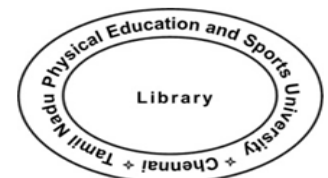
**COMPARATIVE EFFECT OF SAQ TRAINING AND JUMPING
ABC TRAINING ASSOCIATED WITH SPEED TRAINING ON
SPEED AND POWER PARAMETERS AMONG
ENGINEERING COLLEGE GAMESMEN**

**Thesis submitted to the Tamilnadu Physical Education and Sports
University, Chennai for the fulfillment of the requirements for the
award of the Degree of**

**DOCTOR OF PHILOSOPHY
IN
PHYSICAL EDUCATION**

**Submitted by
A. SURESH
(Reg. No. 297)**

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